

QUALIFICATIONS

Qualification	Year of Passing	Institute/University	Marks Obtained	Percentage (%)
MA Hindi (Semester II)	Pursuing	Lovely Professional University, Jalandhar	Pursuing	Pursuing
M.Ed	Pursuing	University of The People, Pasadena, USA	Pursuing	Pursuing
Khat Kitabat Urdu Course	Pursuing	Jamia Millia Islamia University, New Delhi	Pursuing	Pursuing
Psychological First Aid Certificate Course	2025	Johns Hopkins University, Maryland, USA (Coursera)	Pass	Pass
Certificate for DTH Set-Top Installation & Service Technician	2025	Scope Global Skill University, Bhopal (M.P.) (AISECT Learn)	A++	96.00%
Urdu Amoz Certificate	2025	Urdu Directorate, Cabinet Secretariat, Govt. of Bihar	A Grade	A Grade
Hindi Competency Certification	2025	Rabindranath Tagore University, Bhopal (M.P.) (AISECT Learn)	Pass	Pass
Shahmukhi Punjabi	2025	Jive Sanjha Punjab (Canada & Lahore-based Platform)	Pass	Pass
Certificate in Drug-Free Workplace	2025	Alison (Ireland-based Platform)	Pass	Pass
Certificate in Mental Health Support Worker (Essential)	2025	Alison (Ireland-based Platform)	Pass	Pass
ChatGPT Online Course	2025	Simplilearn SkillUp (USA & India-based Platform)	Pass	Pass
Classroom Management – Fundamentals of Teaching & Education	2025	Udemy (USA-based Platform)	Pass	Pass
Ayurvedic Diet & Nutrition Certification	2025	Arogyam Institute Jalandhar, Ministry of Skill Development & Entrepreneurship (affiliated with Yoga Alliance USA)	Pass	Pass
Fundamentals of Communication	2025	upGrad (India-based Platform)	Pass	Pass
Time & Productivity Management Techniques	2025	upGrad (India-based Platform)	Pass	Pass
Generative AI Foundation Certificate	2025	upGrad & Microsoft (India-USA based Platform)	Pass	Pass
ChatGPT for Digital Marketing	2025	upGrad (India-based Platform)	Pass	Pass
Introduction to Generative AI	2025	upGrad (India-based Platform)	Pass	Pass
Career Coaching (2 Days) Certification	2025	Mindler (India-based Platform)	15 Credits	15 Credits
Psychiatric Nutrition Certificate	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
Emergency Medicine Certification	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
Diabetes Nutrition Certificate	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
Thyroid Nutrition Mastery Class	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
Health Coaching & Preventive Care Master Class	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
Detox Diet Specialist Certificate	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
PCOS Nutrition Mastery Class	2025	Be Medic Academy, Sector 63, Noida (Skill India)	Pass	Pass
Certification of Google Cloud Assessment	2025	LearnTube (India-based Platform)	Pass	Pass
Certification of Six Sigma Assessment	2025	LearnTube (India-based Platform)	Pass	Pass
Shahmukhi Punjabi	2024	Jive Sanjha Punjab (Canada & Lahore-based Platform)	Pass	Pass

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Gyani (Honours in Punjabi)	2023	Punjabi University, Patiala	233/500	46.60%
Diploma in Urdu Language	2022	National Council for Promotion of Urdu Language, Ministry of Higher Education, New Delhi (Govt. of India)	A+ Grade	A+ Grade
MA Hindi (Semester I)	2022	Punjabi University, Patiala	227/400	56.75%
Shahmukhi Punjabi	2021	Jive Sanjha Punjab (Canada & Lahore-based Platform)	Pass	Pass
Punjab TET (Paper 2)	2017	SCERT, Punjab	95/150	63.33% (Qualified)
B.Ed (Hindi & Political Science)	2015–2017	Punjabi University, Patiala	1302/1800	72.33%
Urdu Amoz Certificate	2015	Bhasha Vibhag Fatehgarh Sahib, Punjab	Pass	Pass
MA Political Science	2015	Punjabi University, Patiala	459/800	57.37%
MA Journalism & Mass Communication	2013	Punjabi University, Patiala	294/500	58.8%
Post Graduate Diploma in Journalism & Mass Communication	2012	Punjabi University, Patiala	301/500	60.20%
Diploma in Computer Proficiency Course	2011	Rajiv Gandhi Computer Mission, New Delhi	A Grade	A Grade
BA (Hindi, Political Science, Economics)	2010	Punjabi University, Patiala	1156/2400	50.00%
10+2	2006	Punjab School Education Board, Mohali	286/450	63.55%
10th	2004	Punjab School Education Board, Mohali	528/850	62.11%

EXPERIENCE

- 18 February 2023 to till now working as a Freelance Columnist & Book Reviewer with Punjab Times (USA) & other Newspapers.
- 01 November 2022 to 16 September 2023 worked as Political Science/Urdu Teacher at Shri Guru Hargobind Sahib Khalsa Senior Secondary School, Khera-Hansali (FGS).
- 01 April 2018 to 22 March 2022 worked as a SST/Hindi Teacher at Shaheed Bhagat Singh Senior Secondary School, Chunni Kalan (FGS).
- 28 July 2012 to 28 July 2022 worked as a Journalist at Ajit Newspaper, Jalandhar.
- 10 April 2018 to June 2019 worked as Block Chief Advisor for Human Rights Munch, Punjab, India.
- 09 November 2017 to 20 March 2018 worked as Office Assistant-cum-Punjabi Journalist in the PR & Media Department at Chandigarh University, Gharuan, Mohali.
- 02 May 2014 to 01 August 2015 worked as a Journalist at Ajit Samachar, Jalandhar.

EXTRA-CURRICULAR ACTIVITIES

- Book: *Yaad Aje Baaki Hai* (One Article), edited by Arvinder Dhillon (Edition Year 2015).
- Participation in “Click the Pic” (Photography) Competition at Universal Group of Institutions, Lalru, Mohali (10–11 November 2016).
- Participation in Extempore Competition at Shivalik Institute of Education & Research, Mohali (7 March 2017).
- Participation in Quiz Competition at Punjab College, Chunni Kalan (16 March 2017).
- Participation in Nukkar Natak at RIMT College of Education, Mandi Gobindgarh & Punjab College, Chunni Kalan (17 March 2017).
- Attended Virtual Webinar on Investment Options for Beginners at the Department of Commerce & Management, University College, Chunni Kalan (10 July 2020).
- Attended Virtual Webinar on Soft Skills – Communication Skills & Personality Development at the Faculty of Languages, University College, Chunni Kalan (17 July 2020).
- Attended Virtual Seminar on the Role of Medicinal Plants in Daily Life at Udhav Social Welfare Society, Bareilly (U.P.) & National Medicinal Plants Board, Govt. of India (19 July 2020).

- Attended Virtual Seminar on Learning from the COVID-19 Pandemic & Education System at Swift Group of Colleges, Rajpura (22 August 2020).
 - Attended National Virtual Webinar on the Impact of Climate on Food Security at B.S.N.P.G. College (25 August 2020).
 - Virtual participation in Hindi Quiz at Mai Bhago Degree College, Ralla, Mansa (07 August 2020).
 - Virtual participation in Punjabi Literature Quiz at Mai Bhago Degree College, Ralla, Mansa (08 August 2020).
 - Attended Virtual Workshop on AI Revolution at Skillo Education Group platform (09 November 2025).
 - Attended Virtual Workshop on Power BI at Office Master online platform (12 October 2025).
 - Attended Virtual Workshop on AI Tools at be10x online platform (12 November 2025).
 - Attended Virtual Workshop on Lean Six Sigma AI at the Council for Six Sigma Certification (November 2025).
 - Virtual participation in NLP Foundation Workshop with Soni Singh (TEDx Speaker, NLP Coach & Author) (October 2025).
 - Attended “The Quiet Power” Virtual Quiz Competition at Mahindra Rise Group (Year 2026).
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HOBBIES

Writing Articles, Reading Books, Watching Educational & Documentary Content, Listening Radio Photography.

LANGUAGES

Punjabi, Hindi, Urdu, English, Shahmukhi Punjabi.

PERSONAL DETAILS

Father's Name: Harjinder Singh

Date of Birth: 16-04-1986

Marital Status: Married
